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Ann Plast Surg 1988;21:58-64.
www.bcm.tmc.edu/oto/grand/101493.html

2. CancerNet from the National Cancer Institute CancerNet News Breast

...vascularity History of compromised wound healing Correction of **tissue** deficiency with **tissu**
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bitmed.med.uchile.cl/pub/CancerNet/english/400077

3. Breast enhancement through breast reconstruction - Dallas, Texas -

At the time of the mastectomy, a soft-**tissue expander** is placed beneath the skin against the
The **expander** is placed inside the...
www.drdeuber.com/html/reconstruction.html

4. Breast augmentation and breast implants in New Jersey - Short Hills

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Breast Enhancement

Breast Augmentation in New Jersey

Breast augmentation is an ideal surgical procedure for women who want fuller, more curvaceous breasts and the confidence and self-esteem that come along with them. The breast augmentation procedure is considered safe and highly successful by many respected plastic surgeons and cosmetic surgery patients.

The Peer Group Plastic Surgery Center in Florham Park, New Jersey, uses only FDA-approved breast implants to provide fuller, beautifully shaped breasts. We offer breast augmentation patients a variety of options in the size and shape of breast implants.

How Do Breast Implants Work?

The breast implant is placed either under your breast tissue or under your pectoral muscle. The saline implant is inserted empty and is filled once it is in place. One advantage of this type of breast implant is that it can usually be placed through a small incision, which is made as inconspicuously as possible, either in the breast fold, under the arm, or along the edge of the areola. Little scarring is visible after breast augmentation.

If the incision is made under the arm, endoscopic techniques involving the use of a probe fitted with a tiny camera may be used to visualize the creation of the surgical pocket for the breast.

Breast augmentation surgery is performed in our surgical facilities under local anesthesia with intravenous sedation. Once the breast augmentation surgery is complete, you may be fitted with a support bra, gauze wrappings, or light dressings. You will be back on your feet within a couple of days and back to full activities within a few weeks.

Our breast augmentation plastic surgeons can answer your questions about breast augmentation and breast implants, and help you decide if breast augmentation is the right procedure for you. Contact the Peer Group from Short Hills, Chatham, or Livingston, New Jersey today!

Breast Lift with the Peer Group

Over the years, factors such as pregnancy, nursing, and the force of gravity take their toll on a woman's breasts. As the skin loses its elasticity, the breasts often lose their shape and firmness and begin to sag. A breast lift can take years off your body and restore your bust line to a more youthful appearance.

Contact us

973.822.3000

Contact the Peer Group Plastic Surgery Center in New Jersey with questions about breast augmentation and breast implants.

Name:

Address me a

Phone:

Email:

Comments:

**The Peer Group
Plastic Surgery Center**

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Breast lift, or mastopexy, is a surgical procedure to raise and reshape sagging breasts -- at least for a time, as no surgery can permanently delay the effects of gravity. Mastopexy can also reduce the size of the areola, the darker skin surrounding the nipple. If your breasts are small or have lost volume -- for example, after pregnancy -- breast implants inserted in conjunction with mastopexy can increase both their firmness and size.

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Several surgical methods may be used to perform a breast lift. The Peer Group's experienced surgeons can examine your breasts, assess your goals, and help you plan your procedure accordingly. The different techniques all involve nipple repositioning, skin excision and tucking and so, unfortunately, leave scars. The less sagging there is, the less tucking will be required, and therefore the shorter the scars. Frequently, breast augmentation using breast implants is done simultaneously, and sometimes, for minimal to moderate sagging, breast augmentation alone may be enough to lift the breast.

To learn about your breast lift options, [contact a New Jersey plastic surgeon with the Peer Group](#). Our plastic surgeons will help you decide if breast lift, breast lift with breast implants, or just breast implants would be most effective in restoring your bust line. At the Peer Group, we serve residents of Short Hills, Livingston, and Chatham, New Jersey.

Breast Reduction - Plastic surgery in New Jersey

Women with very large breasts may experience a variety of medical problems caused by their excessive size and weight -- ranging from back and neck pain and skin irritation to skeletal deformities and breathing problems. Bra straps may also leave indentations in their shoulders.

Breast reduction, technically known as *reduction mammoplasty*, is designed for such women. The procedure removes fat, glandular tissue, and skin from the breasts, making them smaller, lighter, and firmer. It can also reduce the size of the areola, the darker skin surrounding the nipple. The goal is to give the woman smaller, better-shaped breasts which are in proportion with the rest of her body.

For further information about breast reduction, personalized to your specific case, [contact our team of plastic surgeons in New Jersey](#). We are located near Short Hills, Chatham, and Livingston.

Breast Reconstruction - New help through plastic surgery

A mastectomy not only affects a woman physically, but it can affect her emotionally as well. We specialize in treating these patients with the utmost sensitivity and expertise when performing breast reconstruction, a procedure in which we rebuild the breast to make it appear as natural and beautiful as possible.

After a mastectomy there are several methods to rebuild the breast. The method of reconstruction must be carefully tailored to meet the patient's needs, and it may involve a breast implant, a tissue expander, or a skin or muscle flap.

Breast Implants with Breast Reconstruction

A subcutaneous breast reconstruction is performed when a breast implant is placed beneath the skin and muscle to replace the lost breast tissue. This procedure is possible for women who have had breast tissue removed but whose skin and nipples have been preserved. This is usually suitable for women with small breasts, who do not have breast cancer.

Sub muscular breast reconstruction is performed by placing an implant beneath the muscle covering the chest. This method is also only suitable for women with fairly small breasts because the skin is unlikely to stretch enough for a large implant.

Tissue Expansion for Breast Implants

This method uses a balloon-like implant that is placed beneath the muscle and skin. Over a period of weeks the balloon is made larger by injections of saline in the plastic surgeon's office. After sufficient skin is created, the expander is replaced with a permanent breast implant.

Flap Reconstruction

This type of breast reconstruction uses flaps of muscle and skin, which are generally taken from the back or abdomen. These areas of the body contain very large muscles, providing enough skin and muscle for reconstruction of a breast form on the chest wall. The large muscle used from the back is called the latissimus dorsi muscle and the muscle from the abdomen is the rectus abdominis muscle.

Breast reconstruction using muscle and skin flaps from the back or abdomen is major surgery requiring a hospital stay. Using a flap from the back generally poses less risk of complications but will often require the use of a breast implant.

If you have lost a breast through a mastectomy, [plan a consultation with our plastic surgeons in New Jersey](#). We will discuss your options with you and answer questions you may have on breast reconstruction and breast implants.

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At the Peer Group in New Jersey, our team of plastic surgeons performs breast augmentation, facelift, and liposuction procedures for Chatham, Short Hills, and Livingston residents. For information on breast implants or breast augmentation, you can rely on our team.

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